



Is pleased to announce a new

Wise Caregiver Group

With

Child & Youth Play Therapy Group

Come tap into your caregiver wisdom, because all families have wisdom to spare, even if they don't know it yet!

This group will be for caregivers of children with unique needs, who want to explore parenting experiences with others. We will learn about reflective parenting, limit-setting, responding to children's distress, and parent self-care. We intend to support all caregivers and families in making healthy connections.

Bring your child!



Thursdays 5-6:30 pm

5-5:30 Dinner with caregivers and children

5:30-6:30 Caregiver and Child therapy group

At

Oakes Children's Center

1550 Treat Avenue

San Francisco, CA 94110



For more information contact:

Peggy Huber or Ken Siedler at 415-641-8000

or Email: phuber@oakeschildrenscenter.org or ksiedler@oakeschildrenscenter.org