Is pleased to announce a new

**Wise Caregiver Group**

*With*

**Child & Youth Play Therapy Group**

*Come tap into your caregiver wisdom, because all families have wisdom to spare, even if they don’t know it yet!*

This group will be for caregivers of children with unique needs, who want to explore parenting experiences with others. We will learn about reflective parenting, limit-setting, responding to children’s distress, and parent self-care. We intend to support all caregivers and families in making healthy connections.

*Bring your child!*

**Thursdays 5-6:30 pm**

5-5:30 Dinner with caregivers and children

5:30-6:30 Caregiver and Child therapy group

**At**

Oakes Children’s Center

1550 Treat Avenue

San Francisco, CA 94110

For more information contact:

Peggy Huber or Ken Siedler at 415-641-8000

or Email: phuber@oakeschildrenscenter.org or ksiedler@oakeschildrenscenter.org